

Lap Lane Availability

Program Pool (25m) - Week Starting 23/02/2026

Time	Mon	Tues	Weds	Thurs	Fri	Sat	Sun					
5:00am	CLOSED											
5:30am	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED					
6:00am	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m							
6:30am	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m					
7:00am	4 x 25m	4 x 25m	4 x 25m	4 x 25m	3 x 25m							
7:30am	4 x 25m	4 x 25m	3 x 25m	4 x 25m	3 x 25m	4 x 25m	4 x 25m					
8:00am	AQUA	AQUA	3 x 25m	AQUA	AQUA	GOswim	GOswim					
8:30am			3 x 25m									
9:00am	1 x 25m	3 x 25m	CARNIVAL (aquatic facility closed)	2 x 25m	CARNIVAL (aquatic facility closed)							
9:30am	1 x 25m	2 x 25m		2 x 25m								
10:00am	1 x 25m	2 x 25m		2 x 25m								
10:30am	1 x 25m	2 x 25m		2 x 25m								
11:00am	1 x 25m	2 x 25m		3 x 25m								
11:30am	AQUA	2 x 25m		3 x 25m				3 x 25m				
12:00pm		3 x 25m		3 x 25m								
12:30pm	3 x 25m	3 x 25m		3 x 25m				3 x 25m				
1:00pm	3 x 25m	3 x 25m		3 x 25m		3 x 25m						
1:30pm	3 x 25m	AQUA		CARNIVAL (aquatic facility closed)		AQUA	CARNIVAL (aquatic facility closed)	3 x 25m	3 x 25m			
2:00pm	3 x 25m		3 x 25m		3 x 25m							
2:30pm	3 x 25m	0 x 25m*	0 x 25m*		3 x 25m	3 x 25m						
3:00pm	3 x 25m	0 x 25m*	0 x 25m*		3 x 25m	3 x 25m						
3:30pm	GOswim	GOswim	GOswim		GOswim	GOswim		3 x 25m	3 x 25m			
4:00pm								3 x 25m	3 x 25m			
4:30pm								3 x 25m	3 x 25m			
5:00pm								4 x 25m	4 x 25m			
5:30pm								4 x 25m	4 x 25m			
6:00pm								4 x 25m	4 x 25m			
6:30pm				4 x 25m			4 x 25m					
7:00pm				4 x 25m			4 x 25m					
7:30pm				AQUA			4 x 25m	AQUA	4 x 25m	4 x 25m	CLOSED	CLOSED
8:00pm							4 x 25m		4 x 25m			
8:30pm	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED					
9:00pm	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m							
9:15pm	PATRONS EXIT POOLS TO CHANGEROOMS											

*Note: There are no lanes during these times, however the Program Pool is free of bookings/classes.

Lap Lane Availability

Competition Pool (50m) - Week Starting 23/02/2026

Time	Mon	Tues	Weds	Thurs	Fri	Sat	Sun	
5:00am	CLOSED							
5:30am	3 x 50m	8 x 25m	8 x 25m	3 x 50m	3 x 50m	CLOSED	CLOSED	
6:00am	3 x 50m	8 x 25m	8 x 25m	3 x 50m	3 x 50m			
6:30am	3 x 50m	8 x 25m	8 x 25m	3 x 50m	3 x 50m			
7:00am	3 x 50m	16 x 25m	8 x 25m	3 x 50m	8 x 50m	8 x 25m	8 x 50m	
7:30am	8 x 50m	16 x 25m	16 x 25m	8 x 50m	8 x 50m	8 x 25m	8 x 50m	
8:00am	8 x 50m	16 x 25m	16 x 25m	8 x 50m	8 x 50m	8 x 25m	5 x 50m	
8:30am	8 x 50m	16 x 25m	16 x 25m	8 x 50m	CARNIVAL (aquatic facility closed)	12 x 25m	5 x 50m	
9:00am	CARNIVAL (50m Pool Closed)	16 x 25m	CARNIVAL (aquatic facility closed)	CARNIVAL (50m Pool Closed)		12 x 25m	7 x 50m	
9:30am		12 x 25m				7 x 50m		
10:00am		12 x 25m				7 x 50m		
10:30am		12 x 25m				7 x 50m		
11:00am		12 x 25m				7 x 50m		
11:30am		12 x 25m				7 x 50m		
12:00pm		12 x 25m				7 x 50m		
12:30pm		12 x 25m				7 x 50m		
1:00pm		16 x 25m				CARNIVAL (50m Pool Closed)	12 x 25m	7 x 50m
1:30pm		16 x 25m			12 x 25m		7 x 50m	
2:00pm	16 x 25m	14 x 25m	7 x 50m					
2:30pm	16 x 25m	14 x 25m	7 x 50m					
3:00pm	14 x 25m	16 x 25m	16 x 25m	8 x 50m	16 x 25m		14 x 25m	7 x 50m
3:30pm	6 x 25m	14 x 25m	14 x 25m	8 x 50m	14 x 25m		14 x 25m	7 x 50m
4:00pm	5 x 25m	6 x 25m	6 x 25m	3 x 50m	6 x 25m		14 x 25m	7 x 50m
4:30pm	5 x 25m	5 x 25m	5 x 25m	3 x 50m	5 x 25m		14 x 25m	7 x 50m
5:00pm	5 x 25m	5 x 25m	5 x 25m	3 x 50m	5 x 25m		16 x 25m	8 x 50m
5:30pm	3 x 25m	5 x 25m	5 x 25m	3 x 50m	5 x 25m		16 x 25m	8 x 50m
6:00pm	3 x 25m	5 x 25m	5 x 25m	3 x 50m	5 x 25m	16 x 25m	8 x 50m	
6:30pm	5 x 25m	5 x 25m	5 x 25m	3 x 50m	5 x 25m	Change Course	8 x 50m	
7:00pm	5 x 25m	5 x 25m	5 x 25m	3 x 50m	5 x 25m		8 x 50m	
7:30pm	6 x 25m	5 x 25m	5 x 25m	8 x 50m	5 x 25m	CLOSED	CLOSED	
8:00pm	8 x 25m	16 x 25m	8 x 25m	8 x 50m	8 x 25m			
8:30pm	8 x 25m	16 x 25m	Change Course	8 x 50m	8 x 25m			
9:00pm	8 x 25m	16 x 25m	Change Course	8 x 50m	16 x 25m			
9:15pm	PATRONS EXIT POOLS TO CHANGEROOMS							

Note: No recreational swimming will be allowed in the 50m Pool during our peak periods during the week (3:00pm-7:30pm). Lap swimming will only be allowed at this time.