

Lap Lane Availability

Program Pool (25m) - Week Starting 28/10/2024

Time	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
5:30am – 6am	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED
6am – 7am	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED
7am – 8am*	4 x 25m	4 x 25m	3 x 25m	4 x 25m	3 x 25m	4 x 25m	4 x 25m
8am – 9am	0 x 25m	0 x 25m	3 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m
9am – 10am	2 x 25m	3 x 25m	Schools	3 x 25m	3 x 25m	0 x 25m	0 x 25m
10am – 11am	2 x 25m	3 x 25m	Schools	3 x 25m	3 x 25m	0 x 25m	0 x 25m
11am – 12pm	0 x 25m	3 x 25m	Schools	3 x 25m	Carnival	0 x 25m	0 x 25m
12pm – 1pm	0 x 25m	3 x 25m	Schools	3 x 25m	Carnival	0 x 25m	0 x 25m
1pm – 2pm	4 x 25m	0 x 25m	Schools	0 x 25m	4 x 25m	0 x 25m	0 x 25m
2pm – 3pm	4 x 25m	0 x 25m	0 x 25m	0 x 25m	4 x 25m	3 x 25m	3 x 25m
3pm – 4pm*	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	3 x 25m	3 x 25m
4pm – 5pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	3 x 25m	3 x 25m
5pm – 6pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	4 x 25m	4 x 25m
6pm – 7pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	4 x 25m	4 x 25m
7pm – 8pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	CLOSED	CLOSED
8pm – 9pm	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED
9pm – 9:15pm	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED

Please be advised that we are hosting several programs this week.

- Our Schools Program on Wednesday from 9:00am-2:00pm. During this period, no lanes will be available in our Program Pool.
- A school carnival will be using the Program Pool on Friday from 11:00am-2:00pm. During this period, no lanes will be available in our Program Pool.

*Lap lanes will be changed at approx. 7:45am, 11:30am, 1:30pm & 3:00pm in preparation for various programs throughout the day.

Lap Lane Availability

Competition Pool (50m) - Week Starting 28/10/2024

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:30am – 6am	3 x 50m	8 x 25m	8 x 25m	3 x 50m	3 x 50m	CLOSED	CLOSED
6am – 7am	3 x 50m	8 x 25m	8 x 25m	3 x 50m	3 x 50m	CLOSED	CLOSED
7am – 8am	3 x 50m	16 x 25m	8 x 25m	3 x 50m	3 x 50m	8 x 25m	8 x 50m
8am – 9am	8 x 50m	16 x 25m	14 x 25m	8 x 50m	8 x 50m	13 x 25m	8 x 50m
9am – 10am	5 x 50m	14 x 25m	14 x 25m	5 x 50m	6 x 50m	13 x 25m	7 x 50m
10am – 11am	6 x 50m	14 x 25m	14 x 25m	6 x 50m	6 x 50m	13 x 25m	7 x 50m
11am – 12pm	6 x 50m	14 x 25m	14 x 25m	6 x 50m	6 x 50m	13 x 25m	7 x 50m
12pm – 1pm	16 x 25m	16 x 25m	16 x 25m	8 x 50m	8 x 50m	13 x 25m	7 x 50m
1pm – 2pm	16 x 25m	16 x 25m	16 x 25m	8 x 50m	8 x 50m	13 x 25m	7 x 50m
2pm – 3pm	16 x 25m	16 x 25m	16 x 25m	8 x 50m	16 x 25m	13 x 25m	7 x 50m
3pm – 4pm	14 x 25m	14 x 25m	14 x 25m	6 x 50m	14 x 25m	8 x 50m	8 x 50m
4pm – 5pm	6 x 25m	6 x 25m	6 x 25m	3 x 50m	6 x 25m	8 x 50m	8 x 50m
5pm – 6pm	6 x 25m	6 x 25m	6 x 25m	3 x 50m	6 x 25m	8 x 50m	8 x 50m
6pm – 7pm	6 x 25m	6 x 25m	6 x 25m	3 x 50m	6 x 25m	8 x 50m	8 x 50m
7pm – 8pm	6 x 25m	6 x 25m	6 x 25m	3 x 50m	14 x 25m	CLOSED	CLOSED
8pm – 9pm	8 x 25m	6 x 25m	8 x 50m	6 x 50m	16 x 25m	CLOSED	CLOSED
9pm – 9:15pm	16 x 25m	8 x 25m	8 x 50m	8 x 50m	16 x 25m	CLOSED	CLOSED

Please be advised that we are hosting a program in two of our 50m Pool lanes, Monday – Friday, from 9:30am-11:30am. During this period, we will have an increased patronage in our facility.

*No recreational swimming will be allowed in the 50m Pool during our peak periods during the week (3:00pm-7:30pm). Lap swimming will only be allowed at this time

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide. This will ensure all centre users can experience the best possible visit.